

# LONDON metro®

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## GOLDEN DUO TO BRING TWICE THE FUNNY

TINA FEY AND AMY  
POEHLER SIGN ON TO  
HOST THE GOLDEN GLOBES  
FOR 2 MORE YEARS **PAGE 9**



## An outsider's view of the Forest City

Visitors to Tripadvisor.ca  
rank London's top  
attractions, including  
restaurants and venues **PAGE 4**

## Earthquake wreaks havoc on Philippines

7.2-magnitude quake  
leaves dozens dead and  
infrastructure destroyed **PAGE 5**

## London-born writer wins Booker Prize

Eleanor Catton becomes  
youngest author awarded  
the prize with gold-rush  
murder mystery **PAGE 6**

# 'He was hell-bent on getting out of this world': Neighbour



The cleanup at the burnt-out apartment on Tuesday saw damaged possessions thrown from the balcony. SCOTT TAYLOR/METRO

### Fire victim.

Paramedics say  
building a 'regular'  
destination for them



SCOTT  
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A neighbour said the man who police have identified as the sole fatality of a high-rise fire at 85 Walnut St. led a reclusive life and was "hell-bent" on killing himself.

Sean Delaney, 57, died when his second-floor apartment ignited in the early hours of Oct. 10.

Two other men remain in critical condition in hospital after being found with no vital signs inside the 15-story affordable-housing building.

Rick Robichaud, who lives one floor below Delaney's apartment, said the heat alarm went off in the victim's unit often and that paramedics were often called for Delaney.

"He was hell-bent on getting out of this world," Robichaud said. "There was nothing that was going to stop that guy. My buddy John called the ambulance four or five times on this man. It was just sad, sad, sad to watch him bob in and out and never



Eyewitness Rick Robichaud speaks to Metro. SCOTT TAYLOR/METRO

speak to anybody."

Middlesex-London EMS operations superintendent Josh Denning said that 85 Walnut is a "regular" stop for his crews, though he couldn't say if they had ever been there for Delaney.

"I've been in there for four years and he was pretty much of a recluse," Robichaud continued.

He said Delaney's apartment has been gutted and

that investigators are even pulling walls down.

Reporters could see men in white jump suits and masks throwing charred remains of the unit over the balcony into a dumpster Tuesday afternoon.

Robichaud said he was among the first out of the building and that firefighters gave him oxygen.

As this was happening, he saw something that brought tears to his eyes.

"They dragged those two boys out and they were dead," he said of the men who are still in hospital.

"I've seen enough death in my lifetime to know those two men were completely dead, dead, dead. And they pumped them and they pumped them and they didn't stop."

Those paramedics, he added, should receive medals.

Denning confirmed the men had no vital signs when the medics administered CPR. The investigation continues.

The cause of the fire has not yet been disclosed.

### Quoted

**"It was just sad, sad, sad to watch him bob in and out and never speak to anybody."**

Eyewitness Rick Robichaud, on the life of his neighbour, Sean Delaney, 57, who died after his second-floor apartment caught fire Oct. 10.

# Consulting company stays fit for 10 years

## Employee Wellness Solutions Network.

London husband and wife duo track trends for fitness in the workplace



**MIKE DONACHIE**  
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It's been a decade of sweat and they've loved every minute of it.

Husband-and-wife team Garth and Meaghan Jansen are this month celebrating the 10th anniversary of their company, Employee Wellness Solutions Network.

They specialize in helping companies to ensure their staff stay healthy, and over the years they've seen a change. More and more, employers are learning that it's good business to have healthy staff, says Garth.

"The honest truth is it feels great to still be running a business after 10 years," he laughed. "We feel like we've reached a milestone; a landmark."

EWS runs a network of consultants across Ontario, each working with human resources departments in client companies to encourage staff to exercise and stay healthy.

There are more than 75 clients in 55 locations, with the average client having 118 employees. They range from 10 staff to more than 1,000.

EWS works with companies to educate workers and executives and address what Jansen calls a company's "wellness gap" — the distance between the health of its employees and their benefits coverage.

"People are starting to consider it an integral part of their overall benefits strategy," said Jansen.

### Haunted run

- The EWS Network is planning to celebrate its 10th anniversary by having almost 50 runners from their clients join the Halloween Haunting Run.
- It's a serious 10K or 5K event, but also a fun run with people in costume.
- It takes place in Springbank Park on the morning of Sunday, Oct. 27. Visit [londonroadraces.ca](http://londonroadraces.ca) for more information.

## WindEEE lecture. Western focus on climate change

Climate change expert Lord Julian Hunt presents WindEEE public lecture

Lord Julian Hunt, one of the world's foremost experts on climate change and climate modelling, visits Western University this week to deliver a free public lecture in support of the WindEEE (Engineering, Energy & Environment) Research Institute.

Currently serving as professor emeritus of the Climate Modelling Department of Earth Sciences and Honorary Professor of Mathematics at University College (London, U.K.), Hunt will present his lecture, titled Meteorology, Climate Change and Wind Engineering, on Wednesday at 4:30 p.m. in

Conron Hall.

Hunt is visiting London this week as he is also participating in a one-day scientific symposium on Wednesday, joining WindEEE Research Institute director Horia Hangan, Western Engineering dean Andrew Hrymak and many other leading researchers, scientists and wind engineers from around the world.

Before joining UCL, prof. Hunt was at the University of Cambridge, where he still holds honorary positions and is a fellow of Trinity College. He maintains his links with Cambridge through his current role as visiting fellow of the Malaysian Commonwealth Studies Centre. **METRO**



Running together: Meaghan and Garth Jansen are keeping their company fit after 10 years. MIKE DONACHIE/METRO

### Low of 5 C

## Temperatures falling this week: Weather Network

Bundle up, London. We may be weeks away from snow, but a sure sign that summer temperatures are finally over is just right around the corner.

According to the Weather Network, the temperatures are going to fall as the week continues. As of this weekend, the city won't see a single day warmer than 12 C for at least two weeks. The low most nights will be around 5 C. **SCOTT TAYLOR/METRO**

### Minor incident

## Smoke, but no fire discovered by firefighters after Citi Plaza evacuated

The emergency services filled downtown with sirens Tuesday morning, but the incident turned out to be minor.

Office workers in Citi Plaza were evacuated out of the building after smoke was detected in the upper reaches of the structure.

Firefighters investigated, but no fire was found and everyone was allowed back in about half an hour later. **SCOTT TAYLOR/METRO**

### Blue Rodeo

## You've got to try, try, try to come to this show

A year after they were out on the road for a 25th anniversary tour, Blue Rodeo are heading for London again.

The band is to play Budweiser Gardens on Feb. 15 as part of a cross-Canada tour. It's estimated to be their 50th tour.

It coincides with their 13th album, In Our Nature, and tickets go on sale Friday. As a special offer, fans will receive one CD copy for every pair of tickets ordered. Opening for Blue Rodeo on the national tour will be the Devin Cuddy Band. **METRO**





## Johnny Cash's music takes the stage

Daphne Moens, left and Cameron MacDuffee run through a dance scene in the upcoming *Ring of Fire — The Music of Johnny Cash* at the Grand Theatre. Created by Tony award-winner Richard Maltby Jr. and directed by Heather Davies, the musical takes patrons through the "strength, guts and humour" that made Johnny Cash one of greatest songwriters and storytellers in American music. MARK SPOWART/FOR METRO

# New network aims to create 350 local jobs

**Ambitious project.** Medical innovation and commercialization network almost a reality



**MIKE DONACHIE**  
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"The things that make us special."

Dan Ross, chief of the London Health Sciences Foundation, summed up the London Medical Innovation and Commercialization Network for councillors Tuesday with those six words.

He spoke at a crucial moment for the new body, which promises to create about 350 new jobs in de-

veloping ideas that meet medical needs.

The city's investment and economic prosperity committee was hearing an update from the prestigious organizations that make up the network, and it was an important update.

With its structure in place, including a governance council expected to include city treasurer Martin Hayward, the network is about to be born.

It is an ambitious project and, with a donation of \$10 million over 10 years from the city, just a fraction of the funding sought from various sources, it needs to be run properly.

So the first item of business for the partners in the network was a dry one: set-

ting up a structure. Below the governance council, it includes a variety of committees and working groups designed to ensure the network provides maximum benefit.

"We've got all the key people, we've got great talent and I'm sure we have the vision," said Coun. Joe Swan, chair of investment and economic prosperity.

Assuming the full council agrees next week with the IEP committee's strong support, the network will get to work on funding applications.

Its aim is to connect the right experts in London and develop the city as a global leader in medical technologies including imaging, medical devices, treatment of brain injuries and more.

### Operation Impact

## London police operation has big impact

London police stopped nearly 1,000 vehicles and charged nine drivers with impaired driving over the

long weekend as part of a national initiative sponsored by the Canadian Association of Chiefs of Police called Operation Impact.

As well, 322 tickets were issued to motorists for seat belt, distracted driving and aggressive driving offences.

Police say those four infractions are the main

causes of death on the province's roadways.

Over the weekend, 31 drivers were issued provincial offence notices for distracted driving, 37 received tickets for seat belt infractions and 254 were nabbed for aggressive driving.

SCOTT TAYLOR/METRO

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London's Best Rock **FM96**

**TICKETS TO EVERY EVENT AT BUDWEISER GARDENS FOR A YEAR!**



# Bogus signs fool users at Greenway dog park

**Whodunit.** Mystery swirls over closure claims at off-leash park that cited sewage plant expansion

MARK SPOWART  
london@metronews.ca

City officials have said signs posted at the Greenway off-leash dog park indicating the park was to close are bogus.

"Nope, absolutely nothing to them at all," said John Lucas, director of waste and water services at city hall.

The signs, which have since been removed by city staff, read: "City plans to close this dog park to make space for the sewage plant expansion," and

encouraged readers to contact the Ontario Ministry of Environment (MOE).

The MOE, who did receive calls from concerned dog owners, contacted the city.

"They received calls, they contacted us," said Lucas, who added the MOE is aware of improvements that will be made to the facility.

Who exactly wrote and posted the signs is unclear, as

is the reason they were posted or where the information came from.

The signs were news for Coun. Harold Usher as well.

"This is my first time hearing of this," said Usher, who did acknowledge that improvements in the sewage treatment plant are in the works.

"They (improvements) are probably happening as we

speak, but they are designed to be able to accommodate a larger quantity of material. It is an expansion on a capacity basis, not new equipment or an increase in size," said Usher.

The Greenway off-leash park is one of three in the city. The other two are located in the north end at Adelaide Street and Windermere Avenue, and in the city's east end at Hamilton and Gore roads.

## Criticism. AG should probe nixed nuclear expansion costs: NDP

Ontario's auditor general should investigate the cost of another energy project that the governing Liberals have abruptly scrapped, the New Democrats said Tuesday.

Voters should know exactly how much the Liberals spent moving ahead with nuclear expansion plans that weren't needed and the province couldn't afford, said NDP critic Peter Tabuns.

"As you all know, the Liberals are sometimes not forthcoming with the actual costs of their energy projects," he said. "We need to know the full costs. We need to know what the burden would have been on the people of Ontario."

Tabuns said ratepayers would again have been on the hook, just as they are for the estimated \$1.1-billion cost of the Liberal decision to cancel two gas plants ahead of the 2011 election. That was far more than the \$230 million the Liberals originally claimed.

Two days after auditor general Bonnie Lysyk released her report on the costs of cancelling the Oakville plant, the Liberals announced they were abandoning plans to build two new nuclear reactors.

But they will go ahead with the refurbishment of existing nuclear reactors at Bruce Power near Kincardine and the Darlington Nuclear Generating Station in Clarington.

Energy Minister Bob Chiarelli said costs have fallen since the government first paused its plans to build new reactors in 2009, when the estimated price was said to be as high as \$26 billion. But it wasn't enough to justify building new nuclear when the province has an energy surplus, he said.

Tabuns said it's been known for years that new nuclear power wasn't needed, but the Liberals pushed ahead anyway and have already spent \$180 million on projects that won't proceed.

He said he's also concerned about the true cost of refurbishing the existing reactors.

The Progressive Conservatives, who support more nuclear energy, said the wasted cash on a plan that the Liberals ended up scrapping just adds to the public dollars they've flushed down the drain.

THE CANADIAN PRESS

# Trippers rate London's top attractions

Users of the website tripadvisor.ca have ranked London in a number of categories. Do you agree with them?

According to tripadvisor.ca:

## Top 3 attractions in London:

1. Boler Mountain: "Boler is not very big but it has everything you need and a decent board park. I would go back for sure."
2. Aeolian Hall: "The Aeolian Hall makes you think the entertainer is in your living room."
3. Jonathon Bancroft-Snell Gallery: "You would swear you were in a truly excellent museum."

## Top 3 restaurants in London:

1. Shmokey Rob & Sons
- Southern Eatery: "The sand-

wiches are huge, very flavourful pulled pork. Gluten-free options and bun available."

2. David's Bistro: "The 'trust me' dinner is a must."

3. Tamarine by Quynh Nhi: "The soup I had I am still thinking about it. That's how good it was."

## Top 3 shopping venues:

1. London's Farmers Market: "If you haven't been to the London Farmer's Market yet you are depriving yourself of a richly rewarding experience."

2. Covent Garden Market: "A visit to the Covent Market is always a highlight of a visit to London."

3. Gift of Art: "Wonderful local gifts and artwork."

SCOTT TAYLOR/METRO



Covent Garden Market is among the top attractions in London. CONTRIBUTED

## Billy T's report out next week. Councillors know their fate and now public will, too

It's almost time to find out if London city councillors broke the rules.

After months of deliberations, and plenty of controversy, the report into the controversial "private" meeting between councillors is out next week.

Ontario ombudsman Andre Marin tweeted Tuesday that the report would be made public next Tuesday, a full eight months after Mayor Joe Fontana and six coun-

cillors had lunch at Billy T's Tap and Grill.

Councillors aren't allowed to do city business in private, so the 45-minute meeting may lead to them being criticized by the ombudsman.

All members of city council have already seen an early draft of the report, but they were not allowed to make it public.

Now the countdown is on, but the ombudsman is

unlikely to ensure any major consequences. Although he does have the power to impose criminal sanctions, the ombudsman has never used it. It's expected that an official apology is the worst that can happen.

Those at the meeting at Billy T's were the mayor and Couns. Stephen Orser, Joe Swan, Bud Polhill, Sandy White, Dale Henderson and Paul Van Meerbergen.

MIKE DONACHIE/METRO

## Last seen Monday

### Police looking for missing woman, 77

London police is asking for the public's help to find a missing 77-year-old woman.

Lidia Garbaczewska was last seen around 10:30 p.m. Monday night in her residence at Constable Street and Olympic Crescent.

She is described as white with medium-length white hair, five-foot-one and 140 pounds. She may have been wearing grey sweatpants, teal Croc open-toe shoes and a blue sweater. She uses

a cane when walking.

Police and family say they are concerned for Garbaczewska's welfare. Anyone with information is asked to call



Lidia Garbaczewska  
CONTRIBUTED

police at 519-661-5670 or Crime Stoppers at 1-800-222-8477, or go to london-crimestoppers.com. METRO





A crane sifts through rubble of Our Lady of Assumption church in Bohol, Philippines, Tuesday. THE ASSOCIATED PRESS

# Quake damages roads and bridges; rescue difficult

**Death toll rises.** The Philippine archipelago is in the Pacific 'Ring of Fire', where quakes are common

The death toll from a 7.2-magnitude earthquake that struck the central Philippine island of Bohol on Tuesday rose to 93, as rescuers struggled to reach patients in a collapsed hospital. Centuries-old stone

## Fears of a tsunami

**"We hugged trees because the tremors were so strong."**

Vilma Yorong, a government employee in Bohol. Yorong ran up a mountain, afraid a tsunami would follow, but one did not occur.

churches crumbled and wide areas were without power.

The quake struck at 8:12 a.m. and was centred about 33 km below Carmen city,

where many small buildings collapsed.

Many roads and bridges were reported damaged, making rescue operations difficult. Historic churches dating from the Spanish colonial period were badly damaged. Among them the 16th-century Basilica of the Holy Child in Cebu, which lost its bell tower. The highest number of dead — 18 — was in Loon, west of Carmen where patients were trapped in a hospital. **THE ASSOCIATED PRESS**

## Tinderbox Egypt. Security tightened during Muslim holiday

Tanks stood at intersections and roadblocks cut main thoroughfares in Egypt on Tuesday, as authorities tightened security during the annual Muslim Eid al-Adha holiday amid continued deadlock between supporters of the ousted Islamist president and the military-backed interim government.

Troops sealed off Cairo's central Tahrir Square with rows of armoured vehicles

and barbed wire, hoping to thwart any new attempt by supporters of Mohammed Morsi to enter. In recent weeks, they have tried to storm the plaza, the birthplace of the 2011 uprising that forced Hosni Mubarak out. Authorities have warned pro-Morsi protesters against entering Tahrir. Government has launched a major crackdown on the Muslim Brotherhood. **THE ASSOCIATED PRESS**

## Ethnic Russian tensions

### 276 protesters detained

Moscow police on Tuesday detained 276 people who were protesting the stabbing death of an ethnic Russian man. Authorities said a suspect had been arrested. The killing has raised tensions between ethnic Russians and natives of the predominantly Muslim Caucasus, many of whom have migrated to big cities. The suspect is from the Caucasus nation of Azerbaijan.

**THE ASSOCIATED PRESS**



## Muslims observe Feast of the Sacrifice

An elderly Bosnian Muslim prays outdoors on the outskirts of Sarajevo on Tuesday. Millions of Muslims around the world are celebrating Eid al-Adha or "Feast of the Sacrifice", which marks the end of the annual hajj or pilgrimage to Mecca and celebrates Abraham's readiness to sacrifice his son to God. AMEL EMRIC/THE ASSOCIATED PRESS



Kaitlyn

# I WALK AS A SURVIVOR



An evening of solidarity and hope, The Leukemia & Lymphoma Society's annual Light The Night Walk supports vital blood cancer research and patient services across Canada.

**Register Today!**

**October 26, 2013**  
Victoria Park, London

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LEUKEMIA & LYMPHOMA SOCIETY OF CANADA  
**LIGHT THE NIGHT WALK**



# Playing a game of thrones

In a speech from the throne Wednesday, the Tories will be driving ahead with their jobs and tough-on-crime agendas while steering slightly to the left to pick up passengers on the social and consumer-issues track. Several consumer-friendly measures are aimed at turning the attention of voters away from the Senate spending controversy.

THE CANADIAN PRESS

## Relief ahead for cable, satellite TV subscribers?

The sales pitch will include measures directed at alleviating consumer irritants, such as a plan to force cable and satellite TV providers to adopt a pick-and-pay price model, in conjunction with the bundled channel payment plans.



LUKE WISLEY (FLICKR: LUKE WISLEY)



## The friendly skies could get even friendlier

The Tories also hope voters will appreciate moves to create an airline passenger bill of rights, designed to compensate people who are inconvenienced when air carriers overbook flights.

## Reining in those roaming fees

There will also likely be references to increasing competition in the wireless sector and to capping roaming fees.

"We think roaming fees have been a long standing concern for not only consumers but for competition within the telecom sector," Industry Minister James Moore said.



## Will #thronespeech be a trending topic?

The Conservatives already have a website and Twitter hashtag set up to bring Canadians highlights from the throne speech under the banner "Seizing Canada's Moment — Security and Prosperity in an Uncertain World."

## Trudeau: You can't trust the Tories

The opposition is sure to take advantage of the optics. The Tories, says Liberal Leader Justin Trudeau, cannot be trusted to do any of the things they'll promise in the speech.

"You asked for open and honest government," Trudeau says in a video message posted on the party's website. "Instead, you're getting secrecy, distrust and scandal."



## Border Patrol. Canadian teenagers lead U.S. police on a high-speed chase

Two Canadian teenagers stole three vehicles and led officers on a high-speed chase in which two U.S. Border Patrol vehicles were damaged and shots were fired before the teens were apprehended, U.S. authorities alleged Tuesday.

Stephen McCausland, of the Maine Department of Public Safety, said a 16-year-old boy and a 13-year-old girl were arrested late Monday after abandoning a stolen truck and attempting to flee down a steep embankment next to Route 27.

Const. Darcy Nichol, of the Killaloe detachment of Ontario Provincial Police, said

the incident began Sunday night around 9 p.m., when a male youth stole a vehicle in Eganville, Ont., about 100 kilometres west of Ottawa.

In Maine, the teens were in another stolen car when they drove past the U.S. Border crossing at Coburn Gore, prompting a pursuit that topped 160 kilometres per hour and a collision with two border patrol vehicles, McCausland alleged.

The boy was charged with eluding an officer, passing a roadblock and aggravated criminal mischief, according to the Morning Sentinel newspaper.

THE ASSOCIATED PRESS

### Sarnia

## Inert hand grenades found near courthouse

A federal building in Sarnia was evacuated Tuesday morning after staff found a package containing hand grenades.

Police cordoned off the building for nearly two hours before determining

the grenades were inert.

A provincial police team of explosives experts was dispatched from London, but turned around when it was found the devices were non-explosive.

Coast Guard employee Lisa Kernohan says an official from Canada Post evacuated all of the federal government departments, including the Coast Guard and Transport Canada.

THE CANADIAN PRESS

# London-born Eleanor Catton wins Booker Prize for fiction



Eleanor Catton holds her prize and her book in London, U.K., Tuesday after being announced the winner of the Man Booker Prize for Fiction. Catton won the 50,000-pound (\$83,000) prize for her book *The Luminaries*.

JOEL RYAN/INVISION/THE ASSOCIATED PRESS

## The Luminaries. Catton becomes the youngest writer to win the award, for her ambitious, epic 19th-century gold-rush murder mystery

Youth and heft triumphed at the Booker Prize on Tuesday, as 28-year-old Ontario-born, New Zealand-based author Eleanor Catton won the fiction award for *The Luminaries*, an ambitious 832-page murder mystery set during the 19th century.

Catton, who was born in London while her father attended Western University, is the youngest writer to win the prestigious award — and her novel is easily the longest Booker champion.

### Quoted

"It is experimental ... but does not by any means neglect the traditional virtues of storytelling."

Writer Robert Macfarlane, who chaired the judging panel, on *The Luminaries*.

In her acceptance speech, she thanked her editors, her agent and her publishers for not putting pressure on her while writing her novel.

"I was free, throughout, to concern myself with questions not of value but of worth. This is all the more incredible to me, because *The Luminaries* is and was ... a publisher's nightmare," she said.

"The shape and form of the book made certain kinds of editorial suggestions not only mathematically impossible but even more egregious, astrologically impossible."

Catton had been bookmakers' joint favourite among the six prize finalists, alongside British novelist Jim Crace, for his rural parable *The Harvest*.

She also beat Ireland's Colm Toibin, Indian-American writer Jhumpa Lahiri, Zimbabwe's NoViolet Bulawayo and B.C.-based author Ruth Ozeki.

Catton received her trophy, which comes with a 50,000-pound (\$83,000) cheque, from Camilla, the Duchess of Cornwall, during a dinner ceremony at London's medieval Guildhall.

THE ASSOCIATED PRESS

## Still No. 2. Diet Coke sales fizzle as concerns over artificial sweetener pop up

Diet Coke, the country's No. 2 soda, may be losing some of its pop.

During a conference call with analysts Tuesday, a Coca-Cola executive noted that Diet Coke was "under a bit of pressure" because of people's concerns over its ingredients, alluding to the growing wariness of artificial sweeteners in recent years.

Steve Cahillane, who heads Coca-Cola's North American

and Latin American business, noted that the issue wasn't specific to Diet Coke, but that many diet foods and drinks in the U.S. are facing the same concerns.

The drink remains the No. 2 soda in the U.S. The company still sells twice as much regular Coke as Diet Coke. Soda has been under fire from health advocates for several years now, and Americans have been cutting back. **THE ASSOCIATED PRESS**



Diet Coke is still America's No. 2 soda choice. But health concerns have consumers looking elsewhere for refreshment. WILFREDO LEE/THE ASSOCIATED PRESS

### Market Minute



**DOLLAR**  
96.34¢  
(-0.24¢)



**TSX**  
12,931.46 (+39.35)



**OIL**  
\$101.21 US (-\$1.20)



**GOLD**  
\$1,273.20 US (-\$3.40)

**Natural gas:** \$3.842 US (+2.2¢)  
**Dow Jones:** 15,168.01 (-133.25)

## Too much risk. U.K. bank set to cut ties with Somali money transfer company

A British bank could soon be cutting a financial lifeline for millions of Somalis.

Barclays is poised to sever its ties to Dahabshiil, one of the Somali expatriate community's biggest money transfer services, as part of a larger reorganization of its business. Barring a successful last-minute court challenge, experts say the move will jeopardize 100 million pounds (\$160 million US) worth of payments made from the U.K. each year.

Barclays' move, part of an industry-wide effort to insulate banks from the risks associated with money-laundering and corruption, could force Dahabshiil to stop executing transfers between individuals within days. A court ruling had

### Impact

**\$160M**

Barring a successful last-minute court challenge, experts say the move will jeopardize 100 million pounds (\$160 million US) worth of payments made from the U.K. each year.

been expected Tuesday but was delayed because arguments ran late, the company said.

Barclays did not comment ahead of the court's ruling, but it and other British banks have been cutting high-risk clients after a slew of scandals involving money laundering and corruption. **THE ASSOCIATED PRESS**

# One more reason to go for that popcorn at the movies

**Get those M&M's too. 'Oral interference', from chomping to chatting, blunts the power of promos, a new study finds**



**KIERON MONKS**  
Metro World News in London, U.K.

Eating popcorn makes you insensitive to advertising in cinemas, as "oral interference" disrupts our ability to learn brand names, claim researchers at the University of Cologne. Test groups who had been eating remembered nothing compared to a group who had not, said study author Dr. Sascha Topolinski, who enlightened us further.

**Please explain this mysterious process.**

The mouth automatically generates sub-vocal speech when we encounter novel names, which is how a brand embeds itself. But if you are eating something, your mouth cannot train with the word. In our case it was popcorn.

**So if my mouth does the remembering, why am I so bad with names?**

My last name is difficult so I understand, but people who are bad with names often are suffering interference. Try to keep your mouth free in future.

**Can I ignore advertising everywhere by chewing at the right**

**times?**

It could work — say by chewing gum to avoid TV commercials and Internet banners. Our subjects quite enjoyed the cinema adverts without being able to remember anything about them.

**So it works with all foods?**

Yes and by vocal interaction like chatting, even smoking a cigarette would have that effect.

**Are you worried that advertisers might kill you?**

Well, our research is only about new brands so Apple and Burger King are already in your brain.

One solution could be that cinemas only sell snacks after the adverts. That would please everyone.



IMAGE: METRO WORLD NEWS

### Like sardines in a can

## Plane passengers feel the squeeze

It's not your imagination. There really is tighter quarters on many planes these days.

The big U.S. airlines are taking out old, bulky seats in favour of so-called slimline models that take up less space from front to back, allowing for five or six more seats on each plane.

**THE ASSOCIATED PRESS**

### Fraser Institute

## Pipelines safer than rail or truck for workers: Report

A report by the Fraser Institute released Tuesday says pipeline is by far the safest way to transport oil when worker injury rates are compared.

Using data from the U.S. Department of Transportation between 2005 and 2009, the study found the rates of injury requiring hospitalization in the U.S. were 30 times lower among pipeline workers than rail workers involved in shipping oil. **THE CANADIAN PRESS**

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Tax Issues for Canadian Snowbirds
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# FLYING SOMEWHERE? TAKE A SEAT

I am told there was a time when “flying the friendly skies” was a luxurious experience. That, of course, was before the skies became just a little less neighbourly.

Now, every time I travel, I have to head to the airport three hours early so that I have time to check my luggage, completely disrobe for security, have them confiscate half of my toiletries, then be told that my carry-on can't be carried on because I recklessly included a pair of tweezers, which nowadays, is tantamount to a weapon of mass destruction.

I then have to gather all of my personal belongings, get dressed all over again, wait in line to buy a \$12 bottle of water, because apparently it's OK to have one, just not to carry your reasonably-priced one past the checkpoint. Then I head to the gate for boarding. Theoretically, it would be



JUST SAYIN'

**Mike Benhaim**

metronews.ca

here that I could finally relax and enjoy the journey, only now I am starving and that bottle of water has made me require use of the facilities. Unfortunately, we are now under the strict regime of air transit regulations, meaning that first I have to undergo a training seminar on seat-belt fastening and proper employment of oxygen masks that we faithfully assume will reveal themselves in the event of a shift in cabin pressure. Then, once finally liberated from our shackles by a light and faint Pavlovian bell, I find myself behind every weak-bladdered and nervous-stomached traveller for a chance to approach the majestic lavatory. When I finally emerge, the refreshment cart has passed me by,

which is just as well because, while they do sell food you don't want at prices it isn't worth, they no longer accept cash

anyway. Only Visa and perhaps Amex, but as luck would have it, I only brought my MasterCard.

Now, I may be frustrated, hungry, and cranky, but I would never think to take it out on any of the flight crew. After all, they're just doing their job, and even if they weren't, any loss of composure could get me Tasered by an air marshal and/or put on the no-fly list, which in addition to complicating future travel, would really make it hard to get back home.

That said, I take comfort in the fact that the Security Authority's ever-growing roster of ordinances, while occasionally misguided, are intended toward the honourable purpose of keeping us all safe and sound. Then, just over a week ago, a nine-year-old kid with no ticket, no money, and no adult supervision manages to hop on a flight to Vegas.

Now, I find myself compelled to rethink.

Just sayin'.

Mike Benhaim is filling in for Paul Sullivan, who will return next week.

## ZOOM

### Artist toys with Chinese politician



#### Pixelated piece made of soldiers

At first glance, this picture looks like a pixelated portrait of Chinese Chairman Mao Zedong, but on closer inspection of *Workers of the world, Unite!*, by artist Joe Black, the image reveals thousands of hand-painted toy soldiers. Black refers to the juxtaposition of the singular and the collective as “Up close and far away.”

METRO



Mao's face is in pieces.

OIL SCARFF/GETTY IMAGES

Worth thousands of pieces

## 15,000

hand-painted soldiers were used to create the portrait of Mao Zedong. The cost is \$80,000 and the size is 240 by 180 centimetres.

RAY TANG/REX

#### Clickbait



**HANNAH ZITNER**

hannah.zitner@metronews.ca

If the rise and consequent fall of the scrapbooking trend has your organized, creative side feeling unfulfilled, you'll be happy to hear the trend is back. Only this time it requires no pinking scissors and fewer jagged edges to clean up.

#### Smilebox:

Lets you choose your own layout, theme, etc., and easily integrates with Facebook to let you share your creation with your pals.

#### Mixbook:

More of a photo book than scrapbook really, but Mixbook lets you design and

order a personalized scrapbook.

#### Keepy:

For parents who want to keep all of their kids' drawings, report cards and scribbled art projects, Keepy lets you upload and annotate each keepsake — without cluttering up that storage space.



ISTOCKIMAGES

#### Comments

**RE: Unpaid Interns: Toronto Students Scrub Hotel Toilets For Nothing, published Oct. 15**

*A Vancouver luxury hotel placed an ad seeking unpaid interns to bus tables last month, igniting public outcry. Now, several interns have complained they aren't gaining necessary experience performing menial jobs.*

Her internship had nothing to do with her hopes and dreams to work in the hotel and hospitality industry.

When she one day applies for a career job, and puts down her experience as “I am great at changing sheets, cleaning toilets and disposing of used condoms,” will that help?

What happened to her and many other interns is not right and it is not fair. The only hope she and many

have is to suck it up and hope to make some kind of contact that can help them in the future.

But with four interns per year (one every three months), over two year period (assumed length of the program she is studying) how many interns is she now competing with?

And all are relying on the same contact or several contacts at the same place.

Let's say she is going to medical school and wants to be a surgeon, her internship would be equivalent to sitting at a receptionist desk and doing patient data entry. Calling patients, following up on surgeries, booking appointments, etc. After four years, you may be the best data entry clerk, but you can definitely not perform a surgery. At least I wouldn't let you touch me.

**MrTENz posted to metronews.ca**

**WE WANT TO HEAR FROM YOU:**  
Send us your comments: [londonletters@metronews.ca](mailto:londonletters@metronews.ca)



# No more teardrops on her guitar, this girl has made it

**Taylor Swift.** On the heels of a record-setting sixth songwriter-artist of the year award, star says her next album is taking a 'different turn'

Songwriting is the topic of the moment for Taylor Swift. The 23-year-old pop star was honoured for a record sixth time as songwriter-artist of the year by the Nashville Songwriters Association International, surpassing guys like Vince Gill and Alan Jackson. She earned the award with 14 hits in the top 30 over the last year, a tribute to the popularity of her fourth album, *Red*.

As Swift accepts the award, she's six months deep in the songwriting process for her next album. "I think the goal for the next album is to continue to change, and never change in the same way twice," the seven-time Grammy winner said.

"How do I write these figurative diary entries in ways that I've never written them before and to a sonic backdrop that I've never explored before? It's my fifth album, which is crazy to think about, but I think what I'm noticing about it so far is it's definitely taking a different turn than anything I've done before."

Swift sat down for an interview after the ribbon-cutting on the new \$4-million US Taylor Swift Education Center at the Country Music Hall of Fame and Museum in her adopted hometown of Nashville.

**Next month you leave on a stadium tour of Australia, making you the first female solo performer to tour that country since Madonna 20 years ago. Madonna was the top pop star in the world at the time. Do you see yourself as that kind of pop star?**

I would never see myself that way. I see myself as kind of this girl who writes songs in her bedroom. You can kind of dress it up all you want and you can put together an amazing theatrical production; you can become a better performer as time goes by, and you can try to excite people, but I'm always going to be a girl who writes songs in her bedroom in my own personal perception of myself.

**You said recently you've been working on songs for the new album for about six months. What can you tell us about what you have planned?**

It's too early to tell who are going to be my predominant collaborators, but I do know that my absolute dream collaborators were Shellback and Max Martin on the last project. I've never been so challenged as a songwriter. I've never learned so much. I've never just been so excited to show up to the studio every day, just because you never know what we're going to put together.

I'll bring in ideas and they'll take such a different turn than where I thought they were going to go, and that level of unexpected spontaneity is something that really thrills me in the process of making music. ... "What if we did this? What if we made



Taylor Swift appears at the premiere of *Romeo and Juliet* in Los Angeles on Sept. 24. Swift has just been named songwriter-artist of the year by the Nashville Songwriters Association International for a record-setting six times. She's also up for entertainer of the year at the CMAAs on Nov. 6. If she wins, she'd be the first woman with three such titles. THE ASSOCIATED PRESS FILE

it weirder? What if we took it darker?" I love people who have endless strange and exciting ideas about where music can go.

**How far are you willing to push the boundaries of your sound?**

I definitely think that with music my favourite thing about Nashville is that it's a

music hub that accepts and allows all genres to be present, and I think there's been a kind of fusing of genres lately that for me makes me really happy and excited. I am blown away at getting six CMA nominations in a year that I pushed the boundaries of what a genre is more than ever before. I'm so happy that people understood what I was doing

conceptually.

Getting those six CMA nominations to me signified that this community knew that I was not running from where I come from. I was exploring, and I think the more people who know what country music is, the more people will gravitate toward Nashville.

THE ASSOCIATED PRESS

## Golden Globes bring back the golden pair

**Awards season.** Tina Fey and Amy Poehler sign on for two more years of hosting the show after receiving critical acclaim

The duo of Tina Fey and Amy Poehler proved such a success at hosting the Golden Globes in January that they've been signed up for the same job for the next two years.

NBC, the Hollywood For-

eign Press Association and producers of the Golden Globes announced the unusual two-year commitment on Tuesday. Next year's Golden Globes will be held in Beverly Hills, Calif., on Jan. 12.

Allen Shapiro, CEO of Dick Clark Productions, said the former *Saturday Night Live* chums have "a truly unique chemistry, making them one of the most talented and captivating pairings of all time."

They were bathed in critical love for their performance this year, with *The Associated Press* critic Frazier Moore call-

ing them "the night's biggest winners."

They got laughs without being polarizing, as was the case with predecessor Ricky Gervais.

Fey, whose NBC comedy *30 Rock* ended this year, and Poehler were both nominated for best actress in a comedy or musical but lost to Lena Dunham, star of HBO's *Girls*.

More important than critical support, they were good for business. The Golden Globes had their best ratings in six years with the duo.

THE ASSOCIATED PRESS



Get used to seeing these faces at the Golden Globes for the next couple years. CONTRIBUTED

2 SCENE



## Twitter



@TheRock

My team, entire production & fellow actors..Been a long 6 months. Fight the fatigue & finish strong. 2 days left. #ProudOfU #HERCULESMovie



@JohnStamos

Is it my imagination or a lot of movie actors that don't work in movies anymore SPRINTING to television?



@WhitneyCummings

I do not want to make love in this club



@jimmykimmel

why NOT order an edible arrangement for yourself?

## He's an actor, but don't tell Charlie Hunnam to be someone he's not

While Charlie Hunnam may have cited his hectic TV schedule as the reason he dropped out of *Fifty Shades of Grey*, sources tell E! News that the spotlight had a lot more to do with it.

"More than anything he hates attention, and being in *Fifty Shades of Grey* would force him to do lots of media," a source says. "Plus, he hates conforming and

being told what to do. This role would force him to have to be something he is not." Now it turns out his former co-star, Dakota Johnson, may be having doubts about the high-profile film as well.

"Dakota is having a very hard time dealing with all the press. When she first got the role, it was way too much for her," another source says. "It's been tough."



Charlie Hunnam



## Why Gwyneth should beware Vanity Fair

Gwyneth Paltrow should probably be bracing herself for a blockbuster take-down piece on her that *Vanity Fair* is planning to publish.

"We started a story on her. We have a very good writer and it'll run," the magazine's editor-in-chief, Graydon Carter, tells the

Times of London.

In fact, Paltrow apparently helped ensure the piece will go forward when she emailed friends and colleagues pleading with them to not cooperate with the article's author and never work with the magazine again. "She sort of forced my hand," Carter says.

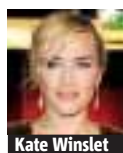


Gwyneth Paltrow. ALL PHOTOS GETTY IMAGES

## Forget the tuna, get Kate some OJ

As pregnant Kate Winslet eases into her third trimester, she admits her cravings aren't living up to the stories she hears about other pregnancies.

"At the moment, I seem to be wanting orange juice a lot," she tells *Us Weekly*. "I don't know quite why that is, but it's not so weird. I wish I could tell you I had some weird craving. I wish I could be like that woman on the advert who



Kate Winslet

loves tuna fish and banana, but I'm not like that at all."

Meanwhile, Winslet insists she's totally fine doing press for her next film, *Labor Day*, with her due date approaching. "Just don't let me sneeze," she warns, "because I might wet myself at the same time."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Moving on

## Seems Miley is sweet on the Rolling Stone heir

It looks like Miley Cyrus has gotten over her broken engagement to Liam Hemsworth pretty quickly, as the *Wrecking Ball* singer is reportedly smitten with Rolling Stone magazine heir Theo Wanner, according to Radar Online.

"She's definitely dating him," a source says. "Miley talks about how hot Theo is and how nice he's been to her. She's definitely completely in lust with him." Cyrus even reportedly made time for Wanner while launching her new album, *Bangerz*, in New York last week.

"He didn't come to the release party, but she snuck out at one point and went and met him at the Plaza," the source says. "She said she's never met anyone as sweet as Theo."

### Taking a Wrecking Ball to the English language

Meanwhile, Cyrus is getting more public criticism from other parts of the music industry, with indie rocker Sufjan Stevens the latest to write Cyrus an open letter — only Stevens takes issue with her atrocious grammar.

"One particular line (in '#GetItRight') causes concern: 'I been laying in this bed all night long,'" he writes on his Tumblr account. "Miley, technically speaking, you've been LYING, not LAYING, an irregular verb form that should only be used when there's an object."

For his part, Paul McCartney thinks everyone's making a big fuss about nothing when it comes to Cyrus' infamous MTV VMAs performance. "You look at it and you say, 'What's everyone shouting about?' I think it was only mildly shocking. It wasn't explicit at all," the former Beatle tells Sky News.



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South Beach is filled with beautiful Art Deco architecture and is a great spot for people watching. JIM BYERS/METRO

# Where the pretty people are

**Miami.** From South Beach to Art Deco walking tours, there's something for all



JIM BYERS  
@jimbyerstravel  
jimbyerstravel.com

Sleek, chic and sexy. This is a city that's got a lot on the go, and it's consistently one of the top draws for Canadians looking for a place in the sun with a bit of attitude. Whether it's clubbing in a brilliant turquoise Art Deco building in South Beach or doffing your duds at one of the few legal nude beaches in the U.S., this is a town with something for everyone.

## Sleeping

The Soho Beach House, a few blocks north of South Beach, is cooler than the other side of the pillow on a winter camping trip in Yellowknife. There's a rooftop bar with perfectly weathered chairs, a sleek restaurant under the trees, a glam pool with striped blue and white cushions and it's right on Miami Beach. The lobby screams

urban cool, and they also get cheeky with Cowshed toiletries that have names like Horny Cow and Knackered Cow. Uptown in Sunny Isles, not far from the shops of Aventura Mall, is Sole on the Ocean, which has a Miami Vice meets Brazil and Russia vibe, thanks to the shoppers who flock here. The bar is modern and glassy and they have a cozy pool and nice cabanas. Rooms go from around \$325 a night at the Soho Beach House in October, while you can grab Sole for \$216 a night and up.

## Dining

Just steps from trendy Lincoln Road on Lenox Avenue, Yardbird is a gem for southern food. There's a nice patio, and inside you'll find a warm decor with an open kitchen and chalkboard signs that extol the virtues of bacon. The fried chicken is moist and tender and served on superbly fluffy biscuits with honey and sweet pepper jelly. The kale salad comes with shaved cheddar, apples, onion and "moonshine soaked" raisins. Back up in Sunny Isles, Timo has a wood oven for pizza and does a flavourful fennel and arugula salad with oranges, figs and a pistachio vinaigrette.



The Breakwater is one of the real Art Deco gems of South Beach. JIM BYERS/METRO

ette. The pastry chef makes an incredible genoise cheese flan topped with vanilla ice cream and toasted coconut in a pool of salted caramel with a chocolate drizzle. The News Café in South Beach (open 24 hours) is a great spot for lunch or breakfast and has two-for-one happy hours Monday to Friday from 4 to 7 p.m.

## Drinking

The Cleveland Hotel is a 1938 Art Deco beauty that spouts loud music more or less all day, with dancing girls gyrating inches from the sidewalk. It's said to be the highest-grossing bar in Florida. At Soho Beach House opt for the Picante de la Casa, with tequila, lime, cilantro and agave, topped

with a red chile pepper for a smoky kick. Yardbird has bourbons you might never see in Canada.

## Doing

Take a tour from the Art Deco visitors centre at 10th and Ocean to check out sleek designs and to learn steamy details about the private lives of Hollywood stars.

3  
LIFE



# The end of the world as we know it



Patagonia's views remain unspoiled and picture perfect. PHOTOS: MELITA KUBURAS

**Patagonia.** There are few places as rugged and remote as the southern tip of South America

MELITA KUBURAS  
melita.kuburas@metronews.ca

Like most trips to Chilean Patagonia, this one begins in the port city of Punta Arenas. On this night in early September, the sun has set above this charming town located on the Strait of Magellan, and Venus is adding a twinkle at the bottom of the crescent moon. It's fitting that, when standing at the bottom of the earth, even the most familiar icon in the sky looks different.

Because it's so well connected by air and sea, Punta Arenas is a convenient jumping off point for travellers to Patagonia or Antarctica. Immigrants helped build this city. Their humble roots are even embedded in the architecture — the siding on houses shows pieced-together sheets, which once were metal boxes used to transport tea along the region's famed waterways. Roofs are painted in bright colours, another tradition that began with the use of scraps discarded by ships.

La Marmita restaurant offers the perfect introduction to traditional, locally sourced fare. Housed in a green building with a storefront sign that's reminiscent of Chilean muralists who defied former dictator Augusto Pinochet, La Marmita chefs present seafood specialties like shellfish, eel and crab.

Guanaco tenderloin is on the menu as a main course — a protected animal in Chile, but

hunting of it is allowed in certain seasons to prevent over-population. Calafate berries are used in dipping sauces, desserts and even as a bloody-red twist on the Chilean national cocktail, pisco sour.

## Between two oceans

The scenery along our Australis cruise is so raw and seemingly untouched — is this what Ferdinand Magellan saw when he first sailed this route to the Pacific? The snow-topped Andes dwarf the ship — a luxury liner that impressively navigates through fjords and narrow passages of the Canal de las Montañas. But unlike the Portuguese explorer's Victoria — a replica of which is shored in Punta Arenas, where we embarked — this ship is a pleasure to seek shelter in.

Wind-worn and well-fed, at night we hit the bar on the top deck, dancing salsa and merengue in our hiking boots. On the first night we sail through a snowstorm; on the second we anchor down for a rest in complete darkness, resting between two oceans.

Part of the Australis itinerary is to make stops along the little islands that shatter away from the mainland. We don our warmest clothes — snow pants and down coat for this Canadian — and pile into zodiacs that take us to the hulking Glacier Bernal.

Cinched between mountains and stretching above the turquoise lake bed, the bright blue spots of the glacier reveal themselves in honeycomb-like cracks. After the hike, the cruise staff serve whiskey and hot chocolate to warm us up before the boat ride back.

## Wet 'n' wild

Visiting in September meant missing one of southern Chile's most famous sights — the Magellanic penguin. Tens of

## If you go...

- Cabanas del Paine. [cabanasdelpaine.cl/en/](http://cabanasdelpaine.cl/en/)
- Australis cruises. [australis.com/site/en-us/](http://australis.com/site/en-us/)
- La Marmita restaurant. [marmitamaga.cl/](http://marmitamaga.cl/)

thousands of them come here to breed in the Chilean spring and summer, from October to March. But while I was just a step ahead of the happy feet, the thrill of seeing wildlife in its natural habitat did not escape me. It's part of what makes visiting Patagonia such an authentic experience. I saw condors circling the skies; groups of great cormorant chilling near the shores; a black dolphin — which the Chileans call the tunina dolphin — hopping along with our cruise ship; pink flamingos and black-neck swans resting in the lakes; and of course, the alpacas, aloof but adorable, munching on the grass. On our way to Torres Del Paine, we stop at the Amarga Lagoon to take pictures of the Cordillera mountains jutting out in the distance, when Costa, our very observant bus driver, points out puma paw prints, about the size of a human hand, nearly trampled by our own recently made footprints.

## Home, sweet home (on the range)

Chileans are very generous, and nowhere is it more evident than on a family ranch. At the south border of the Torres Del Paine National Park is a ranch called Cabanas del Paine, with rooms that overlook the Serrano River and the mountain towers. The owners welcome visitors with a lamb roasting on a fire pit — its rib cage split wide open. More meat is barbecuing on the grill inside, as is fresh salmon, served with homemade salsa and empanadas.



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# A few simple substitutions take hummus from Middle East to Italy



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

What would happen if hummus had been invented in Italy, rather than the Middle East?

Answer the question with this simple reimagining of the classic chickpea purée.

It's not as discordant as you might think. Many of the same flavour profiles can be found across both Italian and Middle Eastern cuisines.

Which makes sense, given relative geographic proximity. Even the ingredients and technique have common ground.

Italians make generous use of chickpeas and lemons — both essential to classic hummus. Though in the case of chickpeas, Italians tend to use them more often in soups and pastas than in spreads.

And when they do make spreads, they often reach for other beans, such as favas. While traditional hummus relies on tahini (ground sesame seeds) to add richness, Italians probably would be

more inclined to reach for pine nuts.

So with those substitutions in mind, this delicious Italian-style hummus is topped with diced tomatoes spiked with balsamic vinegar.

1. In a food processor, combine the beans, half of the garlic, pine nuts, lemon zest and juice, and 1 tablespoon of the rosemary. Process until chunky smooth.

2. With the processor running, drizzle in the olive oil until the hummus reaches a smooth, silky texture. Taste, then season with salt and

pepper, and set aside.

3. In a bowl, toss together the tomatoes, the remaining 1 teaspoon of rosemary and the remaining garlic. Taste, then season with salt and pepper.

4. Spoon the hummus into a wide, shallow bowl, using the back of the spoon to form a cavity at the centre.

5. Spoon tomatoes into the cavity in the hummus. Drizzle olive oil over the tomatoes and hummus, then sprinkle with a few drops of balsamic vinegar. **THE ASSOCIATED PRESS**

## Ingredients

- 15-oz can cannellini or other white beans, drained and rinsed
- 6 cloves garlic, minced, divided
- 1/2 cup pine nuts
- Zest and juice of 1 lemon
- 1 tbsp plus 1 tsp chopped fresh

- rosemary
- 1/3 cup extra-virgin olive oil, plus extra
- Salt and ground black pepper
- 1 large tomato, diced
- Balsamic vinegar

## Drink of the Week

### Citrus Bubbly

Serve your appetizers with this refreshing drink that sparkles thanks to sparkling wine and has a citrusy flavour due to a combination of lime and lemon.

- 1 tsp lime juice
- 1 tsp lemon juice
- 1/2 oz Cointreau or other orange liqueur
- Sparkling wine, chilled
- Lemon twist, to garnish

In a Champagne flute, gently stir together the lime juice, lemon juice and orange liqueur. Top

with sparkling wine, then garnish with a lemon twist.



THE ASSOCIATED PRESS

# Fall for an autumn mix

1. Heat oven to 400 F.



2. Dry the chickpeas thoroughly by spreading them on a large plate and patting them dry with kitchen towels. Transfer to a bowl, then toss with 1 tablespoon of the oil, 1 teaspoon of the spice blend, if using, and salt and pepper to taste. Once the chickpeas are evenly coated, transfer them to a baking sheet and spread them in a single layer. Bake on oven-

en's middle rack until golden and crispy, 25 to 35 minutes, shaking the tray to toss after the first 15 minutes. Remove the baking sheet from the oven and transfer the chickpeas to a serving bowl. Reduce the oven to 300 F.

3. Arrange the pumpkin seeds in a single layer on the sheet pan. Bake on the oven's middle rack for 10 minutes.

4. After the pumpkin

## Ingredients

- 15-oz can chickpeas, drained and rinsed
- 2 tbsp olive oil, divided
- 2 tsp spice blend, such as curry powder, garam masala, chili powder, divided (optional)

- Kosher salt and ground black pepper
- 1 3/4 cups raw pumpkin seeds, cleaned and drained, but not patted dry
- 3/4 cup dried cranberries,

- dried cherries, raisins, or a mix
- 3/4 cup unsalted raw or roasted pistachios, peanuts, almonds or cashews

seeds have baked, in a large skillet over medium, heat the remaining tablespoon of oil. Reduce the heat to medium-low, add the pumpkins seeds and cook, stirring, for 7 to 10 minutes. Add the remaining teaspoon of spice blend, if using,

and salt and pepper to taste. Continue to cook, stirring, until the pumpkin seeds are golden and crispy, another 3 to 5 minutes.

5. Transfer the seeds to the serving bowl. Add the cranberries and

pistachios and toss well.

**THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.**



# Value Village

Check out [valuevillage.com](http://valuevillage.com) for even more great ideas plus DIY costume how-tos!



#thrifortreat



# Baby I get your money don't you worry: Lend those lost in their loonies a hand

**Have you got a brain for bucks?** For a career that actually makes cents, consider becoming a financial consultant

SHAHEERAH  
KAYANI  
TalentEgg.ca

The finance industry is booming and in 2011 the Canadian banking system was named the soundest in the world. An expansion in industrial development means that there is a steady demand for financial services.

In fact, more than \$300 billion worth of private sector industrial projects have been announced in Canada for the current decade. These projects will without question require financial services and you could be a part of the company or group that takes this on.

**What is a financial consultant?**



Money matters in some way to everyone, but not every individual excels at adding order to their assets. Why not help them through their cash crisis? iStock

In an eggshell, a financial consultant gives management advice to people when it comes to matters of money.

A financial consultant

will be hired for guidance if a client needs help reaching long-term financial goals, debt management guidance or advice for investments.

Financial consultants can also be employed by businesses to make sure that business plans make financial sense or to deal with

financial challenges or budgeting.

Companies might also hire a financial consultant to answer questions about employee benefits and retirement plans.

**What are the best parts of the job?**

A big advantage of becoming a financial consultant is having the opportunity to run your own business while being supported by a highly recognized and prestigious company.

You have the freedom to choose to specialize in insurance, mortgages, taxation, investments and more. You're also able to explore your entrepreneurial spirit and down the line there is the potential to receive great pay.

It's good to know that at most financial consulting firms, the job pays solely commission in the first few years.

However, later on you can also receive a "trailer," which grows every year along with your client base.

**What does it take?**

If you're interested in becoming a financial consultant, ask yourself the following:

- Are you a people person?
- Are you outgoing and friendly?
- Do you have a large or well-connected professional and social network?
- Do you have entrepreneurial traits?
- Are you a hard worker?
- Do you have any solid prior customer service, retail or sales experience?

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

# Got something up your sleeve?

**A bold personal brand.** Students and grads speak up on tattoos in the workplace

MEGHAN  
GREAVES  
TalentEgg.ca

The influx of millennials into the workforce and the potential for age gaps between co-workers can result in mixed opinions on what is considered appropriate office wear.

Gen Y is often viewed as having a more casual approach to office appearance. That's not to say all millennials want to wear their sweatpants to work. It just means that younger hires are perceived to have open minds when it comes to what is acceptable in the office.

Kim Holt recently graduated from McMaster Univer-

sity and entered the workforce with tattoos.

Here's what Holt had to say about how tattoos can work both ways for your career.

**Did you think about the effect your tattoos might have on your career?**

I 100 per cent thought about how my tattoos might affect my career before I got them. However, aside from my tattoos, I have always been a creative and eccentric person. I knew from a very young age that when I grew up I was going to be in a field that thrived on creativity and originality.

**Has having tattoos ever hindered your career or education?**

Yes and no — having tattoos has yet to hinder my education. Many universities these days pride themselves on their acceptance of di-

versity. My tattoos have yet to impact my career.

**Have you had to adjust your clothing at times to avoid a potential employer seeing them or felt stereotyped by an employer for having tattoos?**

Where I currently work, I have never been made to feel like I cannot show my tattoos. However, when I first interviewed for the job I did dress appropriately and professionally. I think that no matter what kind of job you are interviewing for (whether you are allowed to show your tattoos or not), dressing formal is simply a sign of respect. It shows the potential employer that this is something you thought about, you have come prepared, and you took yourself out of your everyday life and into the world of employment. I have interviewed for many casual and formal attire jobs and I

never let the day-to-day attire influence my interview wear.

**If you could give one piece of advice to job seekers who are considering getting tattoos, what would it be?**

Tattoos are a small part of a big picture. We can't predict the future but if an individual thinks that a tattoo is going to make them happy, then do it. Who is to say what we will regret in the future and what we won't? The only person who can control your happiness is yourself, and every person has their own way of fulfilling their happiness and self-expression and for me one of those ways just happens to be tattoos.

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Does this worker's indelible accessory make you question his professionalism? iStock



#### Aaron Hernandez case

### Fiancée pleads not guilty to perjury

The girlfriend of former New England Patriot Aaron Hernandez pleaded not guilty Tuesday to a perjury charge for allegedly lying to a Massachusetts grand jury, including about disposing of evidence in the murder case against him.

Shayanna Jenkins was released on personal recognizance during her arraignment in Fall River Superior Court on a single perjury count.

In August, Jenkins lied to the grand jury hearing evidence in the case, including about where she threw out a box Hernandez asked her to "get rid of" in the aftermath of Odin Lloyd's killing, Bristol County Assistant District Attorney Patrick Bomberg said. **THE ASSOCIATED PRESS**

#### Sean Edwards

### British racer killed in training crash

Sean Edwards, a promising British driver and the son of former Formula One driver Guy Edwards, died Tuesday in a crash during training. He was 26.

Edwards, the Supercup Championship leader, was in the passenger seat as an instructor for a private training session at Queensland Raceway at Willowbank, outside Brisbane, Porsche Motorsport said.

A 20-year-old local driver was behind the wheel when the car crashed into a tire wall and caught fire.

**THE ASSOCIATED PRESS**

#### Soccer

### Balotelli tweets could force ban

Mario Balotelli's latest tweets could cause a social-media ban for team Italy at next year's World Cup.

Balotelli took issue with an Italian article that said he would be the face of Italy's battle against the Camorra when the Azzurri trained on Monday with a club that was stripped of organized crime ties.

A tweet from Balotelli said, "That's what you say! I'm coming because football is great and everyone should play it where they want to and then there's the match!!!"

**THE ASSOCIATED PRESS**



Raheem Singleton drives past James Millen during an intrasquad exhibition game Tuesday night at Budweiser Gardens. The game, which featured free admission for fans, was the kickoff to the London Lightning 2013-14 season and their quest for a third straight league championship. MARK SPOWART/FOR METRO

# B-ball fans amped for Lightning 3-peat

**Intrasquad game.** Players given an unexpected welcome ahead of Nov. 2 opener



**DAVE LANGFORD**  
dave.langford@metronews.ca

The music was playing, season tickets were being hawked, former police chief Murray Faulkner was decked out in his yellow sports jacket and pro basketball was back in town.

It was a beautiful thing and

that was before the London Lightning had thrown their first pass in the team's Black and Yellow intrasquad game before about 1,000 fans at the Budweiser Gardens.

That's right. There were plenty of people on hand to watch what really was a team scrimmage with the 14 players still at camp putting on a free show for basketball fans.

The Lightning don't play for real in London until Saturday, Nov. 2, when they meet Mississauga Power in the team's third National Basketball League of Canada home opener. And that's six days after an exhibition game in

London against the Brampton A's.

But playing for fun was enough for the London crowd, and that fact wasn't lost on the players. Just ask six-foot-eight small forward Greg Surmacz, a Lightning newcomer after a year playing in Windsor.

"There are kids out there that all they want are pictures and autographs. Not just a few kids, they open the doors at six and you just see the people pouring in. It was not just a slow trickle," Surmacz said.

"People are ready to see the team. They want to see the new people. They want to see the guys from last year.

You can see the enthusiasm on their faces. They want to see a good brand of basketball. And they're excited to meet the players. It's just an awesome feeling as a player."

Lightning general manager Taylor Brown said this is the first time the team has tried this concept. It won't be the last.

"It just shows how the team is growing and growing in each and every year," Brown said. "It's good to see the crowd and it's free for the families."

And the score in the game? Somehow it just didn't seem important.

# Hull brothers coming to London

It's being billed as a "Hull of a Night."

Two of the NHL's best known brother combinations — Hall of Famer Bobby Hull and Team Canada '72 member Dennis Hull — will headline the 58th annual London Sports Celebrity Dinner and Auction on Monday, Feb. 3, at the London Convention Centre.

Bobby Hull scored 610 goals in 1,063 NHL games

and another 303 goals in 411 WHA games, winning three NHL scoring championships along the way. He was an NHL first-team all-star left-winger 10 times and NHL MVP twice.

While Bobby was denied a chance to play in the 1972 Summit Series because he played in the WHA at the time, Dennis did not miss the opportunity, after first saying no to show support for his brother. He went on to score

303 goals in the NHL.

The two will be joined at the head table by this year's London sports persons of the year, London Knights owners Dale and Mark Hunter, and the night's emcee, Sportsnet's Rob Faulds.

Tickets for the evening are \$150 for adults and \$75 for students and can be purchased online at [www.londonsportdinner.ca](http://www.londonsportdinner.ca).

**DAVE LANGFORD/METRO**



**Former NHL star Bobby Hull**  
GETTY IMAGES FILE

4 SPORTS



# Red Sox hurlers lights-out against Tigers sluggers

## MLB playoffs.

Verlander strikes out 10 batters in eight innings but solo homer proves costly

The Detroit Tigers had it set up perfectly: Miguel Cabrera and Prince Fielder coming to the plate with a chance to tie the game, or even take the lead.

And then, nothing.

Cabrera and Fielder both struck out swinging with runners at the corners to end the eighth inning as the Boston Red Sox held on to beat the Tigers 1-0 Tuesday for a 2-1 lead in the AL championship series.

After John Lackey out-pitched Justin Verlander, the Boston bullpen took over.

Cabrera, a leading contender to win his second straight AL MVP award, couldn't make contact against right-hander Junichi Tazawa and fanned chasing an outside fastball he couldn't reach. Fielder, with three straight 100-RBI seasons, then took a feeble swing and struck out closer against Koji Uehara.

Verlander, meanwhile, pitched another gem. He didn't give up a hit for 5 2/3 innings and allowed only one run on



Prince Fielder strikes out to end the eighth inning during Game 3 of the American League championship series against the Red Sox, Tuesday, in Detroit. CHARLIE RIEDEL/THE ASSOCIATED PRESS

### Game 3

1

Red Sox

0

Tigers

The Tigers will hand the ball to right-hander Doug Fister on Wednesday, hoping he can help them win Game 4 and tie the series.

Verlander became the first to strike out six straight batters in a league championship series, according to STATS, in the second and third innings. He is also the first in post-season history to strike out at least 10 and allow four or fewer hits in three straight games, STATS said.

THE ASSOCIATED PRESS

Mike Napoli's solo shot in the seventh inning. He was finished after eight innings, giving up four hits and striking out 10.

## Defamation lawsuit

### Pujols' lawyer pooh-poohs polygraph test

An attorney for Albert Pujols has discounted another law-

yer's suggestion that Pujols and former Cardinals slugger Jack Clark take lie-detector tests to settle Pujols' defamation lawsuit over Clark's claim that Pujols used steroids.

Pujols, a nine-time all-star

who played for the Cardinals from 2001-11, filed a defamation lawsuit against Clark in St. Louis County, seeking unspecified damages that would be donated to charity.

THE ASSOCIATED PRESS

## NHL

### EASTERN CONFERENCE

#### ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Toronto	6	5	1	0	23	15	10
Detroit	6	4	2	0	16	15	8
Montreal	5	3	2	0	17	10	6
Boston	5	3	2	0	12	8	6
Tampa Bay	5	3	2	0	18	14	6
Ottawa	5	1	2	2	11	16	4
Florida	6	2	4	0	13	24	4
Buffalo	7	0	6	1	7	18	1

#### METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	5	4	1	0	20	13	8
Carolina	6	2	2	2	13	18	6
N.Y. Islanders	5	2	2	1	16	13	5
Columbus	4	2	2	0	11	10	4
Washington	6	2	4	0	17	22	4
New Jersey	6	0	3	3	11	21	3
N.Y. Rangers	5	1	4	0	9	25	2
Philadelphia	6	1	5	0	8	17	2

#### Tuesday's results

Edmonton at Pittsburgh  
Minnesota at Toronto  
Vancouver at Philadelphia  
Chicago at Carolina  
Buffalo at N.Y. Islanders  
Los Angeles at Tampa Bay  
Florida at Nashville  
Montreal at Winnipeg  
Columbus at Detroit

### WESTERN CONFERENCE

#### CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	5	5	0	0	18	4	10
St. Louis	4	4	0	0	19	7	8
Minnesota	6	3	1	2	16	13	8
Chicago	5	3	1	1	15	13	7
Winnipeg	6	3	3	0	17	16	6
Dallas	4	2	2	0	9	11	4
Nashville	5	2	3	0	9	15	4

#### PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	5	5	0	0	24	7	10
Anaheim	5	4	1	0	18	12	8
Calgary	5	3	0	2	18	17	8
Los Angeles	6	4	2	0	16	14	8
Phoenix	6	4	2	0	17	17	8
Vancouver	6	3	3	0	17	20	6
Edmonton	6	1	4	1	19	29	3

Note: Two points for a win, one point for an overtime/shootout loss.

#### Tuesday's results

San Jose at St. Louis  
Dallas at Colorado  
Ottawa at Phoenix  
Monday's results  
Detroit 3 Boston 2  
Minnesota 2 Buffalo 1  
Washington 4 Edmonton 2  
Wednesday's games — All Times Eastern  
N.Y. Rangers at Washington, 8 p.m.  
Calgary at Anaheim, 10 p.m.

## MLS

### EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
x-New York	15	9	8	50	39	53
Kansas City	15	10	7	44	29	52
Houston	13	10	9	39	37	48
Montreal	13	11	7	48	46	46
Chicago	13	12	7	44	47	46
Philadelphia	12	10	10	40	40	46
New England	12	11	9	45	36	45
Columbus	12	15	5	40	42	41
Toronto	5	16	11	29	46	26
D.C.	3	22	7	21	56	16

### WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Portland	13	5	14	49	33	53
Real Salt Lake	15	10	7	55	40	52
Seattle	15	11	6	41	39	51
Los Angeles	14	11	6	51	37	48

Colorado	13	10	9	42	33	48
San Jose	13	11	8	33	41	47
Vancouver	12	11	9	48	42	45
Dallas	10	11	11	45	50	41
Chivas USA	6	18	8	29	60	26

x — clinched playoff berth.

Wednesday's game — All Times Eastern

Montreal at Los Angeles, 10:30 p.m.

Friday's game

D.C. at Kansas City, 8 p.m.

Saturday's games

Philadelphia at Montreal, 2 p.m.

Seattle at Dallas, 2:30 p.m.

Vancouver at Colorado, 6 p.m.

Columbus at New England, 7:30 p.m.

Toronto at Chicago, 8:30 p.m.

Real Salt Lake at Portland, 10:30 p.m.

## CFL

### WEEK 17

#### EAST

	GP	W	L	T	PF	PA	Pt
x-Toronto	15	9	6	0	425	394	18
x-Hamilton	15	8	7	0	384	401	16
Montreal	15	6	9	0	376	419	12
Winnipeg	15	3	12	0	313	486	6

#### WEST

	GP	W	L	T	PF	PA	Pt
x-Calgary	15	12	3	0	486	349	24
x-Saskatchewan	15	10	5	0	433	325	20
x-B.C.	15	9	6	0	421	390	18
Edmonton	15	3	12	0	349	423	6

x — clinched playoff berth.

Friday's game — All Times Eastern

Calgary at Edmonton, 9 p.m.

Saturday's games

Toronto at Winnipeg, 3:30 p.m.

B.C. at Saskatchewan, 7 p.m.

Sunday's game

Hamilton at Montreal, 1 p.m.

## MLB PLAYOFFS

### LEAGUE CHAMPIONSHIPS

(Best-of-7)

#### AMERICAN LEAGUE

##### BOSTON (1) VS. DETROIT (3)

(Boston leads series 2-1)

Tuesday's result

Boston 1 Detroit 0

Wednesday's game — All Times Eastern

Boston (Peavy 12-5) at Detroit (Fister

14-9), 8:07 p.m.

Thursday's game

Boston (Lester 15-8) at Detroit (Sanchez

14-8), 8:07 p.m.

#### NATIONAL LEAGUE

##### ST. LOUIS (1) VS. L.A. DODGERS (3)

(St. Louis leads series 2-1)

Tuesday's result

St. Louis at L.A. Dodgers

Monday's result

L.A. Dodgers 3 St. Louis 0

Wednesday's game — All Times Eastern

St. Louis (Kelly 10-5) at L.A. Dodgers

(Greinke 15-4), 4:07 p.m.

Friday's game

x-L.A. Dodgers (Kershaw 16-9) at St. Louis

(Wacha 4-1), 8:37 p.m.

x — played only if necessary.

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Right now.



www.am980.ca



# The 2014 Ford Tremor



ALL PHOTOS WHEELBASEMEDIA.COM

**Review.** Sandwiched between the long-gone SVT Lightning and the off-road SVT Raptor, the new Tremor may be the best of both worlds

**MALCOLM GUNN**  
wheelbasemedia.com

Move over SVT Raptor because the Ford Tremor sport truck wants a piece of the action.

But instead of muscling its way into the specialty truck category, the more modestly powered and sized pickup aims to win friends with on-road street smarts — and not just off-road ability — as well as livable fuel efficiency.

Pickup trucks are as much about style and image as passenger cars. In fact the convergence of the two automotive genres over the past few decades has been quite remarkable. Originally little more than a bench seat and a box, the once humble pickup can now be found clothed in fancy sheetmetal, gussied up in the finest of interior trim and accessories and revved up with enough horsepower to plant you in your seat.

Ford's F-150-based Raptor that's now entering its fourth year of production has been a surprise hit at a time when all other pickup makers — Ford included — have been trying their best to reduce their truck's appetite for fuel. But whereas the Raptor's image is as a dune-bashing desert

rat, the Tremor takes a different approach. It's very much a street truck, just like the 2000-2004 SVT Lightning, packaged up with equipment and accessories that collectively give it a unique flavour.

It's also only available as a short-wheelbase, regular-cab model fitted with the shortest available box. The result is not as useful as an extended-cab F-150 or a four-door crew cab, but it makes the Tremor lighter on its feet and in a way that actually seems more purpose-built, just like the short-box, regular-cab Lightning of old.

To give the Tremor its solid-citizen demeanor, Ford opted not to take the V8 route (the Lightning had a supercharged 5.4-litre unit) and instead installed a twin-turbocharged 3.5-litre V6 that produces 365 horsepower and 420 pound-feet of torque at 2,500 r.p.m.

Those aren't exactly weak-kneed stats — they're about the same as the Lightning, actually — and they clearly indicate that the "EcoBoost" V6 will give a good accounting of itself from a standing start, especially with the 4.10:1 rear-axle gear. The powertrain can be optioned with an electronic locking rear differential that reduces wheel slippage, especially when accelerating from a dead stop.

The Tremor also dominates the much larger and heavier SVT Raptor's 16.5/11.0 fuel economy.

Also looking good is the Tremor's interior, where Ford has tossed out the regular cab's standard cloth-covered bench seat and installed twin

## 2014 Ford Tremor

- **Type.** Four-door, rear-/four-wheel-drive full-size pickup
- **Engines (hp).** 3.5-litre DOHC V6, turbocharged (365)
- **Transmissions.** Six-speed automatic
- **Base price (incl. destination)** \$45,000

## Fuel Economy

The rear-wheel-drive Tremor should deliver in the neighbourhood of 13 l/100 km city and 9.3 l/100 km highway. Those unofficial estimates will suffer a bit with optional four-wheel-drive and will likely take a real beating in the hands of buyers who actually drive the Tremor the way it's intended.

## Design

The Tremor's distinguishing exterior features begin with an appearance package that includes a blacked-out grille insert, darkened headlight and taillight covers, chromed exhaust tip and black 20-inch wheels with Pirelli Scorpion tires.



The simple yet sleek interior is accompanied by the MyFordTouch system.

buckets covered in tasteful leather with faux suede inserts and contrasting piping. In addition, there's an industrial-looking floor shifter integrated with a generously sized console.

Included as standard is MyFordTouch communications and infotainment system (run by a touchscreen).

With a guesstimated starting price in the mid-\$40,000 range, including destination charges (about \$15,000 shy of the SVT Raptor), the well-equipped Tremor is a pretty appealing vehicle that just might catch on with pickup buyers looking for some show and go, as opposed to owning a straight-up work truck.

## Compare



**1** Chevrolet Silverado  
Base price: \$27,200



**2** Ram 1500  
Base price: \$28,700



**3** Toyota Tundra  
Base price: \$28,400

5 DRIVE



# Hyundai's futuristic safety double act

**Autopilot.** Automaker has paired the clever duo of Heads Up Display and Blind Spot Detection with excellent result for their flagship model the Equus



**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

So many new features and functions are being baked into modern vehicles today that sometimes even really remarkable ones get overlooked or lost in the shuffle.

Especially if they're really tiny — the kind you could metaphorically sit on by mistake. As such, I would like to draw your attention to something small but big on Hyundai's flagship, the Equus. The big sedan was updated for 2014 and received a slew of new technologies and features. Among them were Blind-Spot Detection and a Heads-Up Display (HUD).



Side profile of Hyundai's new flagship model the Equus, which comes complete with HUD and BSD. BOTH IMAGES HYUNDAI

play (HUD).

Now, both these features are cool enough, but certainly not NASA-like. What's unique and exciting is that Equus is the first vehicle ever to combine the two. It's like Bert and Ernie: Separately, they're funny, but together they can blow your comedy mind.

For those not familiar

with Heads Up Display, it is a technology first developed for military aircraft. Information is projected right onto the windshield, so pilots could keep their "head up" and look forward, and not down and around, to where all the gauges are located. The HUD data is small and transparent, so you can see through it. It

doesn't affect forward vision.

The need to keep "heads up" is not as crucial in automobiles, but putting stuff like vehicle speed and navigation directions in a HUD is wildly convenient.

But Blind Spot Warnings in the HUD is a completely other thing — it really changes the way you drive in traffic. You

never have to turn your head! You're always looking down the road and when vehicles come in and out of your rear-flank blinds spots, you get a polite, little visual notice in the HUD.

I found this really reduced the stress of having to deal with other vehicles on the highway. I only attempted

lane changes when I knew it was "all clear" and I never spent time looking and craning for gaps that never existed. And when I changed lanes, I changed with confidence.

I always confirmed with shoulder checks, but no one was there when I did. It's a simple, brilliant, little piece of technology.

The only caveat is that it frees up part of the driving brain. This should be useful, but most times you just start having Seinfeld moments, and wonder about stuff that doesn't really help mankind, like why is breakfast sausage typically thinner than regular sausage?

I'm sure we'll see this technology trickle down to vehicles costing less than the \$72,229 Equus Ultimate. It's always happened before, with other useful technologies. Witness cigarette lighters, cruise, heated seats, air bags, ABS, etc.

But keep your eye on the Google Glass. It could be the wild card in the vehicle HUD story, as it seems bent on becoming the HUD of choice for everything.

## Breakdown or crash? Here's what to do ...

**Driving force.** Keep calm, remove your car from the road if possible and wait for the police or tow truck to arrive

JIL  
MCINTOSH  
drive@metronews.ca

It's every motorist's worst nightmare: your car breaks down while you're driving, or you're involved in a collision.

You're stopped, but other traffic isn't, and now you have to worry not just about your vehicle, but also your safety around other ones.

"Try to pull your car off to the side of the road as quickly as you can, and as safely as possible," says Silvana Aceto, media consultant for CAA South

Central Ontario. "It's a stressful situation, but don't panic, and try to stay calm."

In a breakdown, turn on your four-way flashers to warn other drivers, even if you're able to get off the road.

Note exactly where you are so you can call and direct a tow truck to your location, using such clues as the intersection, highway exits or kilometre markers, or landmarks such as shopping plazas or restaurants.

Whether it's safer to remain inside or outside your car will depend on the situation, Aceto says, but if you choose to get out, watch for oncoming vehicles, especially at night or in bad weather.

Don't stand directly behind or in front of your vehicle, in case someone runs into it.

Never cross the highway, as vehicles are moving much faster than they appear, and you can't properly judge the distance.

In a collision, assess if anyone is hurt and needs immediate medical assistance. Then, if it's safe to do so, move the vehicles off the road.

Be very cautious and stay off the road, since "rubbernecking" drivers staring at



No one wants the dreaded tow truck dragging them home. CONTRIBUTED

the crash may not see you in front of them.

Write down or snap a photo of the other vehicle's license plate; if the driver takes off, you have a record of it. In Ontario, collisions that exceed \$1,000 in damage must be reported to the police.

It's a good idea to keep a notebook and pen in your glovebox. Make a note of important details, such as the time of the crash, the weather, the position of the cars, and if traffic lights were red or green.

Get the other driver's

information, including name, driver's license number, insurance details and the names and phone numbers of any witnesses.

Be sure to forward these to your insurance company when you're reporting the collision.

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## Horoscopes

### Aries

March 21 - April 20

Nothing is beyond your capabilities today but you must be clear what you desire. If not, you may scatter your energy while failing to reach the one destination that matters.

### Taurus

April 21 - May 21

Someone who usually gives you a hard time will be as nice as pie today and you will be a bit suspicious. They do want to improve your relationship. Meet them halfway.

### Gemini

May 22 - June 21

People are different and clashes of opinion are inevitable. It is how you choose to deal with them that counts. Don't try to shout others down. Discuss your differences rationally.

### Cancer

June 22 - July 23

Listen to and act upon your instincts. If you proceed on the assumption that your inner voice knows best, you won't go wrong. If you listen to "experts", you may go everywhere but where you should.

### Leo

July 24 - Aug. 23

The more others tell you that something cannot be done, the more you will strive to prove them wrong. You won't even have to strive too hard as everything comes easy to you now.

### Virgo

Aug. 24 - Sept. 23

The cure for the blues is action, so throw yourself into something that requires effort and concentration today and you will soon forget your worries — and you'll be in a more positive mood to deal with Friday's eclipse.

### Libra

Sept. 24 - Oct. 23

Venus, your ruler, linked to Uranus, planet of the unexpected, will bring nice surprises today but don't take anything for granted. Find ways to show you appreciate it.

### Scorpio

Oct. 24 - Nov. 22

Your enemies may be tough but you are tougher and no matter how hard they try to outsmart you over the next 24 hours, they won't succeed. Be gracious and forgiving in victory. It'll annoy them more.

### Sagittarius

Nov. 23 - Dec. 21

Someone new will come into your life over the next 24 hours, someone who makes a big impression. Will you fall head over heels in love? Maybe. But even if you don't, it's a friendship made in heaven.

### Capricorn

Dec. 22 - Jan. 20

Today's Venus-Uranus link will perk you up and help you see that even when things seem to be going wrong you are still moving in the right direction. Don't worry about tomorrow.

### Aquarius

Jan. 21 - Feb. 19

Push your luck as far as it will go today. You may be surprised how easily others give in to your demands. For best results though, make sure they gain too. There's more than enough good stuff to go around.

### Pisces

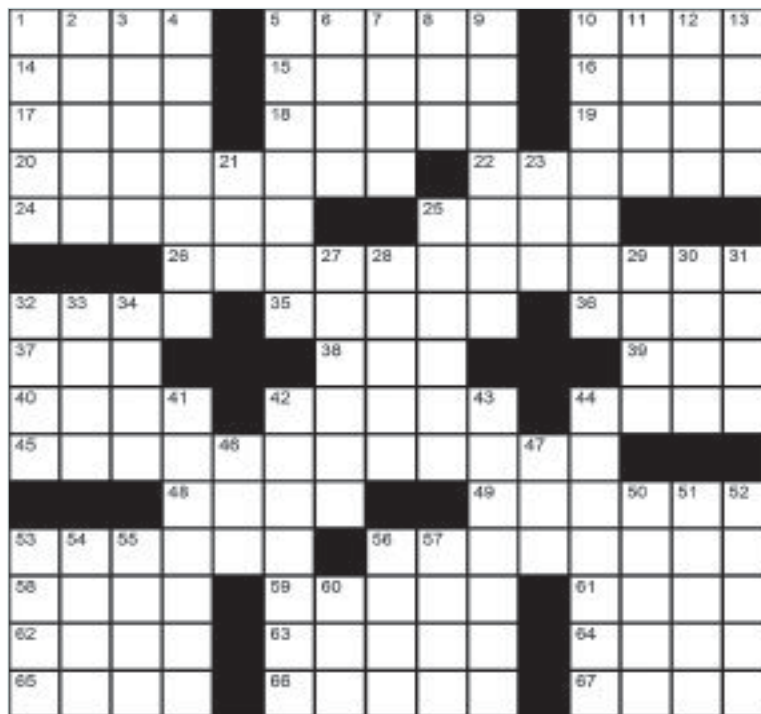
Feb. 20 - March 20

Go all out to impress those in positions of power. The more you act as if nothing is too much, the more inclined others will be to shower you with praise. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- Cinch
- Legendary filmmaker, \_\_\_ B. DeMille (b.1881 - d.1959)
- Epiphanies
- Apple or pear, in botany
- "What \_\_\_ to do then?"
- V-\_\_\_ sweater
- Largest continent
- Tarnish
- Squirrel's nest
- Burnaby, BC-born soccer star, Christine \_\_\_
- Rant
- The Wind in the Willows amphibious character: 2 wds.
- Office note, commonly
- Sofa
- \_\_\_ deer
- Pre-euro moneys
- Tint-to-hair applier
- Howe'er
- Called-one's occupation
- Rock producer Brian
- Saturate
- Tom Cruise's first wife Ms. Rogers, and namesakes
- Pitfall
- Reconvening-of-Parliament delivery: 2 wds.
- Calcium-rich vegetable



- Where Georgetown is the capital
- Failed the test, \_\_\_
- Ontario/Quebec body of water: 2 wds.
- Elvis Presley's at-birth middle name
- \_\_\_ oil
- Theatre award

- Styx song
- Ancient inhabitant of the Eternal City
- Just about
- Snick-or-\_\_\_
- Distort
- Pink Floyd's late guitarist Mr. Barrett, and others
- Down

- Muscle cramp
- Reply to a Drill Sergeant: 2 wds.
- Make \_\_\_ (Bring in the big bucks)
- Bright bird
- Nova Scotia: Star-shaped military attraction, Halifax \_\_\_
- Actor Mr. Morales

- Coconut fibre
- Roadside stop
- Pen-to-paper messages
- Mobile device operating system
- Greek Myth: Olympian queen
- Performed perfectly

- Scottish dog breed, \_\_\_ Terrier
- \_\_\_di-dah
- Global currency org.
- Not-nice person
- Actor Gary
- Toronto: \_\_\_ International Hotel & Tower
- Glaring glancer
- Ms. Horne
- Fall
- \_\_\_, \_\_\_ Helens, Wash.
- "Whoops!": 2 wds.
- Glide
- Beer brewed in Creston, BC
- 'City of Northern Lights' in Saskatchewan
- Section
- "O Canada" part that 'in all of us' is more gender-neutral than, as in recent headlines: 2 wds.
- Grandmother, to some
- Pool stick
- Convent
- Greek Myth: Water nymph
- Tourist attraction in Australia, \_\_\_ Rock
- Talks
- Port city of Algeria
- Bride-\_\_\_
- Mr. Hendrix
- Ms. Gardner's
- Down

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku

3	8	6	2	5	7	4	9	1
5	9	7	4	1	6	8	3	2
4	1	2	8	3	9	7	6	5
2	4	3	5	7	1	9	8	6
1	6	5	3	9	8	2	7	4
8	7	9	6	4	2	5	1	3
9	3	8	1	2	5	6	4	7
6	2	1	7	8	4	3	5	9
7	5	4	9	6	3	1	2	8

3			8					
1		8		4	9			2
	9	2	5					
						3	6	
2		1				7		8
	4	7						
					3	5	1	
7			6	9		8		4
					5			9

Today

18°/8°

Showers

40%

Thursday

16°/7°

Showers

40%

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2013

**2013 CIVIC DX** LEASE OR FINANCE BI-WEEKLY FOR  
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LEASE FOR 60 MONTHS\* WITH \$0 SECURITY DEPOSIT. BI-WEEKLY LEASE ONLY AVAILABLE ON 48 & 60 MONTH TERMS.

FINANCE FOR 84 MONTHS†. \$16,970 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

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FUEL ECONOMY FROM 7.2 CITY / 5.4 HWY (L/100 KM)\*



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**PLUS GET \$500 HONDA DOLLARS**

**2013 FIT DX** LEASE BI-WEEKLY FOR  
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Named one of Car and Driver's 10Best for the 7th year in a row.

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**PLUS GET \$500 HONDA DOLLARS**

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MODEL GE8G2DEX

## OR GET GREAT DEALS ON OTHER 2013 MODELS

LEASE OR FINANCE STARTING FROM

**0.99%** APR

ON SELECT REMAINING 2013 HONDA MODELS. LEASE FOR 24 MONTHS\* OR FINANCE UP TO 48 MONTHS.\*

OR GET UP TO

**\$5000\***

CASH INCENTIVES ON OTHER SELECT REMAINING 2013 HONDA MODELS.

## THE 2014 MODELS HAVE ARRIVED!

**2014 CR-V LX** LEASE BI-WEEKLY FOR **\$149@2.99%** APR

**\$1,675** DOWN PAYMENT/OAC

LEASE FOR 48 MONTHS\* WITH \$0 SECURITY DEPOSIT. BI-WEEKLY LEASE ONLY AVAILABLE ON 48 & 60 MONTH TERMS.



MODEL RM3H3EES

FUEL ECONOMY FROM 9.0 CITY / 6.4 HWY (L/100 KM)\*



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Limited time lease and finance offers available through Honda Financial Services Inc. (HFS), on approved credit. Selling prices and payments include freight and PDI (ranges from \$1,495 to \$1,640 depending on 2013 model and \$1,695 on advertised 2014 models), EHF tires (\$29), EHF filters (\$1), A/C levy (\$100 except Civic DX and Fit DX models), and OMVIC fee (\$5). Excludes taxes, license, insurance, and registration. \*Representative bi-weekly lease example: 2013 Civic DX Sedan (Model FB2E2DEX) // 2014 CR-V LX 2WD (Model RM3H3EES) on a 60 // 48 month term with 130 // 104 bi-weekly payments at 1.99% // 2.99% lease APR. Bi-weekly payment is \$87.40 // \$149 with \$0 // \$1,675 down or equivalent trade-in, \$0 security deposit and first bi-weekly payment due at lease inception. Total lease obligation is \$11,362.23 // \$17,170.97. 120,000 // 96,000 kilometre allowance; charge of \$0.12/km for excess kilometres. \*Representative bi-weekly finance example: 2013 Civic DX Sedan (Model FB2E2DEX) on an 84 month term with 182 bi-weekly payments at 1.99% APR (including \$1,600 Finance incentive and \$431 individual dealer contribution deducted from the negotiated selling price before taxes). Incentives apply only to Finance contracts through HFS, and can be combined with subvented rates of interest offered by Honda as part of a low rate interest program. Complete price of \$16,970. Cost of borrowing is \$1,077.28 for a total finance obligation of \$16,016.28 with \$0 down or equivalent trade-in. \*\$500 Honda Dollars offer applies only to retail customer purchase or lease agreements for new 2013 Civic and 2013 Fit models concluded between October 1st, 2013 and October 31st, 2013 at participating Ontario Honda Dealers. Deducted from the negotiated price after taxes and can be combined with advertised lease and finance rates. See sales associate for eligible products & services applicable to Honda Dollars offer redemption. \*Limited time 0.99% APR lease offers on remaining new 2013 Fit DX (Model GE8G2DEX) // 2013 Civic DX Sedan (Model FB2E2DEX) // 2013 CR-Z // 2013 Accord EX Coupe 6MT (Model CT1A7DJ) // 2013 Accord LX Sedan 6MT (Model CR2E3DE) // 2013 CR-V LX 2WD (Model RM3H3DES) for a maximum of 24 // 24 // 24 // 36 // 24 // 36 months. Representative lease example: 2013 Civic DX Sedan (Model FB2E2DEX) on a 24 month term at 0.99% lease APR, the monthly payment is \$280.84 with \$0 down or equivalent trade-in, \$0 security deposit and first monthly payment due at lease inception. Total lease obligation is \$6,740.16. 48,000-kilometre allowance; charge of \$0.12/km for excess kilometres. \*Receive 0.99% APR purchase financing on remaining new 2013 Fit DX (Model GE8G2DEX) // 2013 Civic DX Sedan (Model FB2E2DEX) // 2013 CR-Z // 2013 Accord EX Coupe 6MT (Model CT1A7DJ) // 2013 Accord LX Sedan 6MT (Model CR2E3DE) // 2013 CR-V LX 2WD (Model RM3H3DES) models for a maximum of 36 // 48 // 24 // 48 // 24 // 48 months. Representative finance example: 2013 Civic DX Sedan (Model FB2E2DEX) on a 24 month term at 0.99% APR and complete price of \$16,970, the monthly payment is \$714.40. Cost of borrowing is \$175.60 for a total finance obligation of \$17,145.60 with \$0 down or equivalent trade-in. \*\$1,500 // \$1,500 // \$2,000 // \$1,500 // \$2,000 // \$3,500 // \$2,000 // \$2,500 // \$4,000 // \$5,000 // \$5,000 customer cash incentive is valid any new 2013 Fit (except DX, model GE8G2DEX) // 2013 Civic Coupe and Sedan (except DX Sedan, model FB2E2DEX) // 2013 Accord Coupe (except EX Coupe 6MT, model CT1A7DJ) // 2013 Accord Sedan (except LX Sedan 6MT, EX-L V6 Sedan and Touring V6 Sedan, models CR2E3DE, CR3F8DJN and CR3F9DKN) // 2013 Accord EX-L V6 Sedan and Touring V6 Sedan // 2013 Crosstour EX 2WD and EX-L 2WD (models TF3H3DJ, TF3H5DJNX) // 2013 Crosstour EX-L 4WD and EX-L 4WD NAVI (models TF2H5DJNX, TF2H5DKNX) // 2013 CR-V (except LX 2WD, model RM3H3DES) // 2013 Odyssey // 2013 Pilot // 2013 Ridgeline models when registered and delivered between October 1st and October 31st, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through HFS at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PPSA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. \*\*Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2012. \*Based on Fuel Consumption Guide ratings from Natural Resources Canada. Transport Canada approved test methods used. Your actual fuel consumption will vary based on driving habits and other factors – use for comparison only.